

## RHIP and COVID-19 MINI-GRANT PROJECT SUMMARIES

### RHIP Mini-Grant Final Report for The Environmental Center “Garden for Every School - FoodCorps Service Member” Reviewed by the Promote Enhanced Physical Health Workgroup

#### LUNCH BITES

##### Radishes, Radishes, Radishes

###### Fun Facts About Radishes:

- The radish is a edible root vegetable which means that we eat the root of the plant.
- Radishes come in several different colors including red, white, black and even ones that look like watermelons.
- “The Night of the Radishes” on December 23rd in Oaxaca, Mexico, is a radish celebration featuring nativity scenes carved from radishes!

Hey Kids! Check out this video  
 about Oregon grown radishes >>>>>>>  
 (Open the camera on your iPad and hold over QR code)



**Why couldn't the radish finish the race?  
 He was just a little beet!**

*Bend-La Pine Schools is an equal opportunity provider.*



#### Summary of Results:

- As this project was to be completed during the year 2020, it will be no surprise that we had to pivot when school closed in spring and remained closed in the Bend-La Pine school district until 2021.
- One of our pivots was to support the Bend-La Pine Nutrition Services Department with daily educational flyers to accompany their free school meals.
- We paid an intern using these funds to support a staff member working on this huge project.
- In the end, they created 187 individual flyers that went out 6 days/week from November to June.
- Daily themes included food, nature, sustainability, books and seasonal topics.
- Most flyers had a QR code linked to a video, a coloring page image, and educational information.
- Within the theme days, topics included Oregon grown crops, Bend - La Pine Farm to School efforts, bilingual book read-aloud, dealing with emotions, multicultural representation and celebrations, high desert, gardening, nutrition, cooking, changing seasons and holidays.