

RHIP Final Report for Summit High School, Bend
“Summit High School Bridges to Resilient Youth Trailhead
Reviewed by the Address Poverty Workgroup

Summary of Results:

- Bridge for Resilient Youth in Transition (BRYT) is a research-based program designed to support students who have become disengaged with school due to mental health crisis, a physical health extended illness and/or significant trauma in their lives.
- Within the BRYT Program, students are offered an adapted academic structure, a highly supportive environment, and specific policies and practices to promote good mental health and academic success.
- A focus of the BRYT Trailhead is to increase high school graduation rates of at-risk students, many of whom are economically disadvantaged.
- Students are provided both a mental health and academic counselor for support and services are provided both long-term (daily for some) as well as on a drop-in as needed basis for others.
- Students have access to free food throughout the school day and to take home if needed.
- The Summit BRYT Trailhead program was fully launched in September 2021, and it has been instrumental in providing educational access and therapeutic support to students with a variety of mental health and academic needs.
- We have 32 students scheduled to access the BRYT/Trailhead space daily (including 14 students in transition to/from mental health residential facilities).
- We had another 890+ students drop in to receive services such as crisis management, academic support, mental health support, and food services.
- 28 of our 32 scheduled students (88%) had a successful fall semester (earned at least 5 credits) and will maintain their track towards graduation.

Story:

Bryce and Melody were two students who both struggled with school avoidance. They resisted leaving their houses and their caregivers were at a loss. Through support from the BRYT Program they both began to engage in their classes and attendance improved. We still communicate with their families and continue to support them. Bryce is finishing the semester with A's and B's and almost no unexcused absences. Melody is finishing with greater success this year than she has in the past.