

RHIP Final Report for La Pine High School
“La Pine High School Bridges to Youth Transition Program (“Zen Den”)”
Reviewed by the Behavioral Health Workgroup

Summary of Results:

- The Student Success Program at La Pine HS is a comprehensive intervention tailored to meet the needs of high-risk individuals.
- We developed a special classroom space (“Zen Den”) based on the principles of BRYT (Bridge for Resilient Youth in Transition) to help with re-entry and reintegration following an extended absence or if a student fell behind due to medical or mental health challenges.
- Students can also be referred for behavioral problems that are preventing them from participating successfully in general education classes.
- During the 2021-22 school year, the BRYT Room served a total of 25 students who had been referred for a variety of reasons including anxiety, school avoidance, and behavior concerns and they participated/enrolled for varying lengths of time.
- BRYT services included providing regulation space, SEL support and academic assistance - helping students keep up with course work and successfully earn credits.
- Looking at all 25 BRYT students, they earned an average of only 3.65 credits during the year, but much of this was due to several students who unenrolled for various reasons.
- BRYT students who were enrolled in the program for the entire year earned a much higher average of 6.125 credits!
- Enrolled students also showed an increase in prosocial behavior as evidenced by fewer students needing school behavior interventions (16 the previous year to 6 this year). In addition, the number of behavior interventions per student also decreased.

Story:

Student B had a background of extensive trauma, school behavior problems and contact with the juvenile justice system. B had difficulty behaving in class, was not able to focus/comprehend the academic material and was failing every class. B attended BRYT one period a day and used BRYT as an emotional regulation space as needed. With the help of community-based counseling and psychiatric medication, B was able to attend all their general education classes and passed them with C’s or above.