## RHIP Final Report for Bend High School "Bridges to Resilient Youth for Bend High School" Reviewed by the Address Poverty Workgroup



## **Summary of Results:**

- The BRYT Program was implemented at Bend HS as a Tier 3 intervention for students who have experienced a gap in attending school due to mental or physical health reasons (e.g., hospitalization, inpatient treatment, etc.).
- The BRYT Room is staffed with two full-time adults, both trained in traumainformed practices and DBT.
- During the 2021-22 SY, the Bend HS BRYT program served a total of 70 students in a variety of capacities ranging from full-time intensive supports after exiting a treatment program to short-term drop-in assistance for regulation or attending a group.
- Students needing full-time support received daily academic and mental health services, regular communication with their school team and guardian(s), biweekly meetings to create goals and assess progress, weekly counseling checkins, coordination with teachers, and monitoring of grades and attendance.
- Students had access to the BRYT Room when dysregulated and in need of support as they slowly transitioned back to attending all of their classes.
- Drop-in students could utilize materials in the BRYT Room to regulate as needed.