

RHIP and COVID-19 MINI-GRANT PROJECT SUMMARIES

COVID-19 Final Report for Wellness Through Horses LLC (RHIP)

“Technical assistance support for Wellness Through Horses”

Reviewed by the Behavioral Health: Increase Access & Coordination Workgroup

Summary of Results:

- This project was aimed at increasing the use of technology to develop an electronic platform for client documents as well as to offer telehealth options.
- The outcome was to increase my ability to serve more clients in Central Oregon.
- Implementing the telehealth option allowed behavioral health sessions when childcare issues arose, illness of client or family member arose, concerns about COVID or "freeze" times, quarantine due to COVID exposure and when issues with transportation arose.
- I am pleased to report that by implementing this technology, I was able to increase the number of clients that I now see in my practice.
- I can now see an additional 3 to 5 clients per week consistently.
- I have also decreased substantially the number of hours that I spend on paperwork including my billing process.
- The added bonus is that as I decreased my paperwork, I experienced a decrease in neck pain as I spend less time on my computer.
- This technology increased timely access to specialty behavioral health care, increased the number of people successfully completing behavioral health treatment and increased the use of evidence based outcome oriented behavioral health treatment utilizing measurement based care.
- It also improved behavioral health delivery and access as well as achieve health equity.

Quote:

“Thanks so much for the funding to automate my practice through use of technology. I have been able serve 3-5 more clients weekly through this process an provide therapy to underserved populations in Central Oregon.”