

# Tobacco Cessation Insurance Coverages: Central Oregon



The Quit Line is available to all Oregon residents regardless of insurance status **800.784.8669**

	Counseling	Coaching	Classes	Office Visits	Medications (prescription required)	Supplies (patches, gum, lozenges)	Quit Attempts	Other
<b>BCBS/Regence (all metallic plans)</b> 888.675.6570	Covered	<i>varies by plan</i>	Covered	<i>varies by plan</i>	Covered	Up to two covered at a time	2 quit attempts covered per year, 90-day treatment cycle	
<b>Moda Health</b> 888.217.2363	Covered	<i>varies by plan</i>	<i>varies by plan</i>	Covered	Covered	Covered	<i>varies by plan</i>	Preferred cessation program: Alere
<b>Providence</b> 503.574.7500	Covered	<i>varies by plan</i>	Covered	<i>varies by plan</i>	Covered	Covered	<i>varies by plan</i>	
<b>PacificSource Commercial</b> 541.684.5582	Covered <sup>^</sup> no copay	Covered <sup>^</sup> no copay	Covered* <sup>^</sup>	<i>varies by plan</i> no copay	Covered	Covered <sup>^</sup> free with prescription	All benefits are intended to support a minimum of 2 quit attempts per year	
<b>PacificSource Medicaid</b> 541.382.5920	Covered <sup>^</sup> no copay	Covered <sup>^</sup> no copay	Not covered	Covered	Covered	Covered <sup>^</sup> free with prescription	All benefits are intended to support a minimum of 2 quit attempts per year	Acupuncture (with prior-authorization)
<b>PacificSource Medicare Advantage</b> 888.863.3637	Covered	Not covered	Not covered	<i>varies by plan</i>	Covered	Not covered	Up to two counseling quit attempts with provider covered ** (up to four visits per quit attempt)	

\*members may receive up to \$150 in reimbursement if they attend a tobacco cessation class offered through a hospital

\*\*if tobacco disease symptoms are present patient will pay in-patient or outpatient cost sharing

<sup>^</sup>benefit is provided through Quit for Life



This document was developed by the RHIP Cardiovascular Disease Clinical Workgroup. For more information visit [www.cohealthcouncil.org/cardiovascular-disease-clinical](http://www.cohealthcouncil.org/cardiovascular-disease-clinical), or email: [info@cohealthcouncil.org](mailto:info@cohealthcouncil.org), or call: (541) 306-3523.

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This document is published bi-annually with updated information. Please ensure that you have the most recent version by visiting the website listed

# The Brief Tobacco Intervention

The 2As & R

## Coding Information

### Commercial

**S9453** Smoking cessation classes, non-physician provider, per session

### Medicare Advantage

**99406** Smoking and tobacco use cessation counseling visit; intermediate, greater than 3 minutes up to 10 minutes

**99407** Smoking and tobacco use cessation counseling visit; intensive, greater than 10 minutes

### Medicaid

**F17.200** Nicotine dependence, unspecified, uncomplicated

**Z87.891** Personal history of nicotine dependence

**99406** Smoking and tobacco use cessation counseling visit; intermediate, greater than 3 minutes up to 10 minutes

**99407** Smoking and tobacco use cessation counseling visit; intensive, greater than 10 minutes

\*codes are current as of May 2018

### ASK about tobacco use:

“Do you currently smoke or use other forms of tobacco?”

### ADVISE the patient to quit:

“Quitting tobacco is one of the best things you can do for your health. I strongly encourage you to quit. Are you interested in quitting?”

### REFER the patient to resources:

**IF READY TO QUIT:** Provide direct referrals to resources that will assist the patient in quitting. Provide direct referrals. Prescribe medications, if appropriate.

*“This is a resource I recommend. It will provide you with support, help you create a plan to quit, and talk to you about how to overcome urges you might have to smoke after you quit.”*

**IF NOT READY TO QUIT:** Strongly encourage patients to consider quitting by using personalized motivational messages. Let them know you are there to help them when they are ready.

### Recommended resources include:

- Free telephone-based state tobacco quitlines:  
**1-800-QUIT-NOW**
- The National Cancer Institute’s website:  
**www.Smokefree.gov**
- The National Cancer Institute’s text-messaging quit smoking program: SmokefreeTXT;  
**Text QUIT to 47848**
- The Department of Health and Human Services website:  
**BeTobaccoFree.gov**
- Appropriate community-based or local cessation resources (e.g., classes, support groups)

