

WAS YOUR BLOOD PRESSURE MEASURED CORRECTLY TODAY?



Why does it matter?

- Taking your blood pressure after resting for five minutes is important for accuracy.
- This helps us to get correct numbers, so we can provide the right treatment.

About high blood pressure

- About half of adults have high blood pressure
- Most people with high blood pressure have no signs or symptoms
- High blood pressure is a major risk factor for heart attack, stroke, kidney disease, and diabetes complications.
- High blood pressure contributes to nearly 1,000 deaths each day.

Source: www.ama-assn.org

WE WANT TO GET IT RIGHT!

If you are not sure we took your blood pressure correctly, **PLEASE** tell your provider so we can re-check it.