## RHIP Mini-Grant Final Report for Crook County School District "Crook County Schools – Reduce period poverty"

## Reviewed by the Promote Enhanced Physical Health Workgroup

## **Summary of Results:**

- Our project was to install free tampon and pad dispensers in all bathrooms in both high schools and the middle school in Crook County School District.
- We wanted to also be able to provide enough product for the school year.
- The school district was extremely supportive and excited about the project. Finding the right dispensers for our needs was a little difficult.
- Once we got the machines the building engineers were very quick to get them installed.
- There are also tampons and pad available the counseling centers for students to take home if needed.



- It has been fantastic for all students to have access to period products.
- This has enabled students to come to school when then normally would have stayed home or went home early.
- This grant has allowed students to stay engaged in their education and earn better grades.

## Story:

In speaking with a group of students they were able to openly talk about difference having period products has made. One student talked about not worrying about the smell of not being able to change products as often as they should be changed.

Another student shared that having access to tampons in addition to the pads has made being involved in sports so much easier. They had always had the fear of leakage, and now that was not such a concern.