

RHIP Final Report for High Lakes Elementary, Bend**“High Lakes Bridges to Youth Transition Room”****Reviewed by the Address Poverty & Enhance Self-Sufficiency Workgroup****Summary of Results:**

- A BRYT (Bridges for Youth in Transition) room was created at High Lakes Elementary called the Cove.
- The Cove is the room that was furnished, staffed, and provided the space for services for students and teachers at High Lakes.
- Bend La Pine School District provided the physical space and FTE funding for the program.
- Official BRYT students utilized the Cove to learn self-regulation skills to integrate themselves into their general education classroom more.
- One student who has experienced significant trauma in her life spent approximately 90% of her time in the Cove during the first few months of school. Gradually, as she learned more skills, she reduced the time needed in the Cove. By the end of the year, she improved her regulation skills such that she spent only 5% of her time in the Cove.
- Unscheduled visits by unofficial BRYT students occurred daily in the Cove. There were approximately 30 visits a month in which students came to the Cove needing a break. Approximately 90% of the time students indicated they were out of the ‘red zone’ when they left the Cove.
- Scheduled visits occurred daily or weekly for 18 students. Educational materials were used and specific lessons about self-regulation, mindfulness, self-care, and problem solving were taught with these students.

Quote:

“We are so grateful for this grant which supports our most vulnerable students and gives them an opportunity to learn skills that will help them succeed and become productive members of the Central Oregon community. The progress some students made is remarkable!”