

**COVID-19 Final Report for “Cascade Peer and Self-Help Center”
Reviewed by the Behavioral Health RHIP workgroup**



Summary of Results:

- The Peer Support Specialist at Cascade Peer and Self-Help Center (CPASHC) maintained contact with the clients by distributing sack lunches to those living in the apartments for those who are on disability and to clients who are living outdoors.
- In the lunches was information regarding how people could contact a Peer Support Specialist if they were having difficulties.
- In addition, the clients were contacted by phone whenever possible.
- These activities made it possible for the clients of CPASHC to have a consistent source of lunches and to know that there was support available if they needed it.
- Not only was the Peer Support Specialist able to call and check on clients, but many people also called the CPASHC seeking support or help with difficulties.
- CPASHC opened on June 8th and it is hoped that his continued contact will facilitate the clients returning to the program.